

**Curriculum Vitae
for
James H. Thomas, M.D.**

Last Updated: August 2012



Identifying Information:

Born: Akron, Ohio, March 18, 1949

Work Address:

Cincinnati Center for Psychoanalysis

3001 Highland Avenue, Suite E

Cincinnati, Ohio 45219

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Voice Mail: (513) 961-8861

Fax: (513) 487-3770

Email: JHTMD@ix.netcom.com

Website: www.jhtmd49.com

Married to Cheryl M. Beach, PhD

Five children ages 24 to 34

Licenses:

State Medical Board of Ohio License

7/1/1977 to current

Drug Enforcement Administration License

7/1/1977 to 11/30/2010

United States Government

Formal Education:

Graduate of the Cincinnati Psychoanalytic Institute 1983 to 1995

Graduated June 16, 1995

Cincinnati, Ohio

Tavistock Conference (Group Dynamics) 1983

Midwest Group Relations Center, Cincinnati, Ohio

Diplomat American Board of Psychiatry & Neurology 1982

Certificate # 24254

Psychiatry Residency 1978-1981

Department of Psychiatry

University of Cincinnati, Cincinnati, Ohio

Diplomat National Board of Medical Examiners 1977

Certificate #172480

Internal Medicine Resident PGY-1, 1976-1977

Good Samaritan Hospital, Cincinnati, Ohio

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University of Cincinnati College of Medicine, Cincinnati, Ohio
Medical Doctor, June 1976

Yale University, Divinity School, 1971-1972
New Haven, Connecticut

Rockefeller Brothers Theological Fellow 1971
used at Yale University 1971-1972

College of Wooster, Wooster, Ohio 1967-1971,
Bachelor of Arts, June 1971
Chemistry major, philosophy-theology minor

Western Reserve Academy, Hudson, Ohio, 1965-1967
Graduated June 1967

Kent State University (High) School, Kent, Ohio 1963-1965.

Work Experience:

Mercy Medical Associates, Mercy Hospital Clermont February 2012 to present
Attending Inpatient Psychiatrist

Cincinnati Center for Psychoanalysis 2003 to current
3001 Highland Avenue, Suite E
Cincinnati, OH 45219 Tel: 513 961-8861

President, Cincinnati Psychiatric & Psychological Associates, Inc.
1997 to present

Queen City Case Management, Inc, Cincinnati, Ohio
Psychiatric Consultant July 1997 to July 2003

Medical Director Adult Partial Hospital Program, (psychiatric)
The Jewish Hospital, Cincinnati, Ohio March 1995 to December 1997

President, Medical Office Management Systems, Incorporated 1994 to present
Office management and software publishing company.

Private Practice of Psychiatry 1981 to present
Office & Hospital Psychiatry
Psychoanalysis
Psychoanalytic Psychotherapy
Psychiatric Legal Consultant
Psychopharmacology

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Cincinnati Psychiatric and Psychological Associates 1998 to 2003
Mercy Health & Wellness Center - Anderson
7495 State Road, Suite 340,
Cincinnati, Ohio 45255 Tel: (513) 231-8000

The Center for Psychotherapy 1985 to 1998
104 William Howard Taft Road,
Cincinnati, Ohio 45219-2104 (513) 861-2173

Professional and Business Computer Programmer 1984 to present
Medical Office Management System, *MOMS* 1990
marketed 1994
2002 based on Filemaker Pro, both PC and Mac OS X based
originally Macintosh Environment using the
Relational Database, Helix Express
Programming in Basic
Portable computing & communications
Telecommunications
Accounting for Small Business

Attending Psychiatrist for Geriatric & General Patients 1979-1996
Ohio Department of Mental Health
Pauline Warfield Lewis Center
Cincinnati, Ohio 45237

Psychiatric Medical Director 1986 to 1988
Mental Health Services West
Cincinnati, Ohio 45238

Acting Director, Psychiatric Emergency Service 1983-1984
University Hospital
Department of Psychiatry
University of Cincinnati

Assistant Professor of Psychiatry 1981-1985 (full time)
University of Cincinnati 45267-0559
Psychiatric Emergency Service

Psychiatric Consultant in Community Mental Health
Mental Health Services Northcentral 1986 - 1990
Mental Health Services West 1981-1988
Cincinnati, Ohio 45238

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Emergency Room Physician (General Medicine) 1977-80
Health Maintenance Plan of Cincinnati, Ohio

Volunteer Tutor for Mentally Retarded Patients 1968-1970
Apple Creek State Hospital
Smithville, Ohio

Orderly, Ravenna Hospital, Ravenna, Ohio 1971

Volunteer "Big Brother" Boys Village, Wooster, Ohio 1968

Upward Bound Counsellor 1967 & 1968
Western Reserve Academy, Hudson, Ohio
Freshman dormitory Prefect 1966-1967
Western Reserve Academy, Hudson, Ohio

Administrative Experience:

Medical Director, Adult Partial Hospital Program (psychiatric)
The Jewish Hospital, Cincinnati, Ohio March 1995 to December 1997

Curriculum Committee Member,
Cincinnati Psychoanalytic Institute, 1993- present

Extension Division Committee Member
Cincinnati Psychoanalytic Institute 1993 - present

Committee Member - Psychiatry Department & University Hospital
Committees 1981 - 85
Resident Selection Committee
Quality Assurance Committee
Faculty Forum Executive Committee

Acting Director Psychiatric Emergency Service 1983-1984
University Hospital, Cincinnati, Ohio

Chief Resident in Psychiatry 1980
Central Psychiatric Clinic,
University Hospital, Cincinnati, Ohio

Co-chairman Psychiatry Residents Council 1979
attended American Association of Directors of Psychiatry Residency
Training Program Conference in 1980

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Vice President of House Staff Association 1979 - 1980
(member of contract negotiating team)
Grievance Committee member
University Hospital, Cincinnati, Ohio

President of Student Government 1971
College of Wooster, Wooster, Ohio

Hospital Affiliations:

Mercy Hospitals, Cincinnati, Ohio February 1998 to present

Christ Hospital, Cincinnati, Ohio January 1998 to 2005

The Jewish Hospital, Cincinnati, Ohio 1981 to December 1987
Attending Medical Staff

Good Samaritan Hospital, Cincinnati, Ohio 1981 to 1996
Attending and Courtesy Staff, Department of Psychiatry

University Hospital, University of Cincinnati, 1981 to 2005
Attending and Courtesy Medical Staff

Pauline Warfield Lewis Center, Cincinnati, Ohio 1979 to 1996
Attending State Psychiatric Hospital

Emerson North Hospital, Cincinnati, Ohio 1984 to 1990
Courtesy Staff, Department of Psychiatry

Christ Hospital, Cincinnati, Ohio 1984 to 1987
Courtesy Staff, Department of Psychiatry

Professional Organisations:

Member American Psychoanalytic Association 1986 to 2001
voting member May 1997
(resigned for financial reasons)

Member Cincinnati Psychiatric Society 1983 to present

Member Ohio Psychiatric Association 1978 to 2005
(resigned for financial reasons)

Member American Psychiatric Association 1978 to 2005
(resigned for financial reasons)

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Member American Medical Association 1977 to current

Continuing Education Activities

(Category 1, summarised)

American Medical Association Physician's Recognition Award
in Continuing Medical Education 1986 to 1989

Cincinnati Psychoanalytic Institute 1982 to Graduated 1997

Attended American Psychoanalytic Association Winter Meeting 1989

Attended American Psychoanalytic Association Spring Meeting 1987

Enrolled in Practical Reviews of Psychiatry continuing education series
1985 to present

Renewed Red Cross Advanced CPR Training Certification December 1995.

Subscribe to and regularly review :

Science News

Journal of the American Psychiatric Association,

Journal of the American Medical Association

Etc..

Renewed Red Cross Advanced CPR Training Certification April 2005.

Honours and Achievements:

Psychiatry Residents Highest Rated Outpatient Supervisor 1991 to 1996

Diplomat American Board of Psychiatry Neurology 1982

Diplomat National Board of Medical Examiners 1977

Rockefeller Brothers Theological Fellow, Yale University 1972

Study on Ruminant Bio-hydrogenation

that helped lead to cows that could produced
milk containing unsaturated fat

Ohio Agricultural Research & Development Station 1971

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President of Student Government 1971
Rewrote Student Government constitution which
required approval by two thirds of the
student body
College of Wooster, Wooster, Ohio

Teaching & Lecturing Experience:

Mercy Hospital Clermont, Batavia, OH
Transference and Countertransference in a Hospital
July 17, 2012 2 hours

Cincinnati Psychoanalytic Institute
Ethics Conference presenter
May 13, 2011 3 hours

Cincinnati Psychoanalytic Institute
“Ground Hog Day” a metaphor for successful recovery from
narcissistic personality disorder February 2007 and 2008

Cincinnati Psychoanalytic Institute
"Psychoanalysis and Spirituality"
November 2005 three 1.5 hour classes

New Thought Unity Center, Cincinnati, Ohio
“On Love, Spirituality, Reality, and Community”
four 1.5 hour classes October to November 2003

Individual Psychotherapy Supervisor 1998 to present
Advanced Psychoanalytic Psychotherapy Program
Cincinnati Psychoanalytic Institute

Outpatient Individual Psychotherapy Supervisor 2001 to present
Department of Psychiatry, University of Cincinnati
Central Psychiatric Clinic, University Hospital, Cincinnati

Outpatient Diagnostic & Treatment Team Leader 1994 to 2001
Department of Psychiatry
Central Psychiatric Clinic, University Hospital, Cincinnati

Associate Clinical Professor of Psychiatry 1994 to present
Annual lectures on Personality Disorders and
Treatment of Narcissistic and Borderline Personality Disorders
Cluster B Personality Disorders
Department of Psychiatry, University of Cincinnati

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Cincinnati Psychoanalytic Institute

"Bridging Psychoanalytic and Judaeo-Christian Spiritual Insights "
April 2000, May 2001, three 1.5 hour classes

Cincinnati Psychoanalytic Institute

"Case Studies from the treatment of Borderline Personality Disorder"
May 2000, four 1.5 hour classes

Presentation to Hamilton County NAMI "Helping the Difficult Person"
February 2000

Cincinnati Psychoanalytic Institute

"Effective Treatment of Borderline Personality Disorder"
May 1999, four 1.5 hour classes

New Thought Unity Center, Cincinnati, Ohio

"Actualising Psychological and Spiritual Insights"
four 1.5 hour classes, May 1998

Cincinnati Psychoanalytic Institute

"Spirituality & Psychoanalysis" Spring 1998
six 1.5 hour classes presented with Jim Shaw, MD

New Thought Unity Center, Cincinnati, Ohio

"Merging Psychological and Spiritual Insights"
three 1.5 hour class over three weeks
presented May 1997, June 1998, May 1999

Cincinnati Psychoanalytic Institute Faculty Member

Teach classes for the Cincinnati Psychoanalytic Institute
Psychoanalysis Training Program
Advanced Psychoanalytic Psychotherapy Training Program
June 1995 to present

Cincinnati Psychoanalytic Institute

"The Seven Deadly Sins" - envy and avarice Fall 1996
Effective Treatment of Borderline Personality Disorder, Winter 1997

Northern Kentucky City Managers Association speech October 1995

"Fitting a Square Peg into a Round Hole"

Ohio Society of Clinical Social Workers, November 1995

The Treatment of Narcissistic Personality Disorders

Assistant Clinical Professor of Psychiatry 1985 to 1994

Department of Psychiatry
University of Cincinnati

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Outpatient Diagnostic & Treatment Team Leader 1994 to 2001
Department of Psychiatry
Central Psychiatric Clinic, University Hospital, Cincinnati

Out patient Psychotherapy Group Supervisor 1992 to 1994
Department of Psychiatry
University of Cincinnati

Out patient Psychotherapy Supervisor 1981 to 1992, 1994 to present
Department of Psychiatry
University of Cincinnati

Assistant Professor of Psychiatry 1981 to 1985
Department of Psychiatry
University of Cincinnati

Training in the Management of Personality Disorders 1994
West by Northwest MHC
Cincinnati, Ohio

Psychiatric Group Supervision & Consultation 1989-1990
Mental Health Services Northcentral

School Crisis Intervention Seminar 1988
Hamilton County Community Mental Board
Training CMHC Teams on School Crisis Intervention

Medical Student Course Preceptor 1980 to 1989
Introduction to Medical Interviewing &
The Human Life Cycle
First Year Medical Students
University of Cincinnati

Psychotherapy Supervisor and Conference Leader 1981 to 1988
Mental Health Services West
Cincinnati, Ohio

Lecturer - Psychiatric Emergency Service 1981 to 1989
Topics: Single Contact Psychotherapy
Affective Empathy
Rapid Tranquillisation
Geriatric Emergencies, Systems Issues

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Psychiatric Emergency Service Supervisor 1981-1985
for residents, medical students, and masters
of nursing students

Inpatient Psychiatry Off-ward Resident Supervisor 1981 to 1985
University Hospital, Cincinnati, Ohio

Lecturer to Emergency Medicine Residents 1981-1985
Psychiatric Emergencies

Psychiatric Emergencies November 1983
Southwestern Ohio Police Training Academy
Norwood, Ohio

Violence in Psychotherapy Conference October 1982
University of Cincinnati,
produced and presented videotape on
management of violence in psychotherapy

Crisis Intervention & Brief Psychotherapy April 1982
Clermont County Mental Health Center, Ohio

Crisis Intervention & Personality Theory February 1982
Mental Health Services West, Cincinnati, Ohio

Single Contact Psychotherapy Conference September 1981
University of Cincinnati
Produced & Presented a Videotape
of a Single Contact Psychotherapy Session
including an 8 week follow-up interview by a different psychiatrist.

Sponsored Presentations

The clinical use of Gabitril, presented for Cephalon to Psychiatrists and mental health nurses, January, 2002.

The clinical use of mirtazepine (Remeron) and its role as an antidepressant. Presented for Organon to psychiatrists and primary care physicians, October and November 2001

The clinical use of nefazodone and its role as an antidepressant. Presented for Bristol-Myers Squibb, to primary care physicians and psychiatrists 2000 and 2001.

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Research Papers and Publications

Saving Jim The story of my helicopter rescue following a severe backpacking injury in 2006
Available at www.jhtmd49.com 2009

Pearls - An Anthology on Happiness
Available at www.jhtmd49.com 2005

Spirituality & Psychoanalysis
unpublished, 1998

Merging Spiritual & Psychological Insights
unpublished, 1997

Adam & Eve as a Metaphor for Pre-Oedipal Development
Cincinnati Psychoanalytic Institute, 1991.

Exacerbation of Darier's disease by lithium carbonate, Milton,MD, Peck,MD, Fu,MD, DiGiovanna, MD, Nordlund, MD, Thomas, MD, and Sanders, MD, *Journal of the American Academy of Dermatology*, Volume 23, Number 5 Part 1, November 1990.

The Meaning of God
- unfinished, Cincinnati Psychoanalytic Institute, 1987.

The Separate Antiquarian Roots of Biological and Psychological Psychiatry
-for interest, unfinished, Cincinnati Psychoanalytic Institute, 1986.

From the Ethical to the Religious:Inspired by the Writing of Soren Kierkegaard
Independent Study, Yale Divinity School,
Yale University, unpublished 1972.

Biohydrogenation: The Saturation of Unsaturated Fatty Acids in Ruminants
Chemistry Independent Study,,
The Ohio Agricultural Research and Development Center,
The College of Wooster, unpublished 1971.

The College of Wooster Student Government Constitution
-ratified by 2/3 affirmative vote of the student body,
published in the Student Handbook, College of Wooster, 1971.

Deriving the Schroedinger Equation
- for Chemistry Junior Independent Study, unpublished,
College of Wooster, 1970.

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The Nature of God

- for interest, unpublished, College of Wooster, 1969.

"Good", "Evil", and "Free will"

- for interest, unpublished, College of Wooster, 1968.

Legal Psychiatric Consultation

(since 1990 and Involving deposition and/or testimony)

Doris Jones & Estate of James K. Jones Deceased

-vs- Comprehensive Care Corp et al.,

Case No A-88-01633

Court of Common Pleas, Hamilton County, Ohio

alleged wrongful death, husband hung himself while in Care Unit

Richard Heyne, et al., -vs- Alan Edmonson, M.D., et al.,

Case No. 90-1208

Common Pleas Court, Montgomery County, Ohio

alleged wrongful death, mother killed her child

State of Ohio, Plaintiff -vs- William G. Humphrey,

Case No. B-93-1835

Court of Common Pleas, Hamilton County, Ohio

client plead guilty while delusional to a murder he was innocent of

State of Ohio -vs- Scott Nace

Case No. B-94-0634

Court of Common Pleas, Hamilton County, Ohio

sentencing of dual diagnosis (MR/MI) inmate

State of Ohio -vs- Joseph Howard

Case No. B-94-04262

Court of Common Pleas, Hamilton County, Ohio

alleged rape of woman with Dissociative Identity Disorder

Dye vs Haar, MD

Case No: 94-218-H

Mansfield, Ohio

suicide of husband

State of Ohio v Barry Miller

Case No: B96-07175

Court of Common Pleas, Hamilton County, Cincinnati, Ohio

testified at trial for NGRI due to dissociation defence for robbery charge,

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Jacqueline Taylor, Administrator of the Estate of Peggy Ann Peters, Deceased v
Leo D'Souza, MD et al
Case No. A 03 01403
Common Pleas Court of Hamilton County, OH
Alleged wrongful death – deposition only

Ethan A. Cox v. Jamie L. Cox and Ashley K. Cox
Warren County Court of Common Pleas – Case No. 06CV66932
Suit and countersuit regarding sexual abuse and defamation

Lay Media Involvement

WAIF *Moving Along the Spiritual Path* with George Whitton October 26, 2003 ,
And December 4, 2005

WVXU *"Life is Meant to be Good" On Love, Spirituality, Reality and Community*, with
George Whitton broadcast October 19, 2003

Info Radio WAZU 1360AM, *"Life is Meant to be Good" Merging Psychological and
Spiritual Insights*, with George Whitton, May 5, 1997

Channel 19 News Interviews broadcast November and December 1994
A case of Dissociative Identity Disorder and alleged rape
(included Associated Press interview)
broadcast December 1995
Prozac and homicide

"The Jerry Springer Show" December 1992
Domestic violence expert guest

The Cincinnati Post, Letter to Sports Forum, published October 16, 1991
Regarding the effect of Paul Brown's death on the Bengals

The Cincinnati Enquirer, interviewed for article regarding "Revenge Inc."
published September 18, 1990

Professional Interests:

Psychoanalysis & Spirituality

Psychoanalytic psychotherapy supervision and teaching

Sociopathy and psychosis, psychiatric management of the maximum security, not
guilty by reason of insanity, unit at P.W. Lewis Center 1989-1991

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Probate issues, forced medication and geriatric psychiatry - ward supervisor and frequent probate court testimony regarding geriatric patients at P.W. Lewis Center, 1985 - 1996.

Clomipramine (Anafranil) pre-marketing clinical trials for CIBA-Geigy
Good Samaritan Hospital Anxiety Disorders Clinic, 1989-1991.

Doral Clinical Study, patient response, 1992.

The need for psychoanalytic psychiatry to remain integrated with other psychiatric, medical and scientific paradigms.

Social, political, and administrative issues in Medicine and Psychiatry.

Psychoanalytic interpretation of religious and cultural metaphors.

The integration and usefulness of psychoanalytic insight for effective psychopharmacological patient management.

Other Interests:

Tennis - high school, varsity college

Queen City Racket Club

3 times winner 4.5 round robin 1986.

Cincinnati Inter-club Champion 4.5 level 1989

Good Samaritan Hospital Medical Staff

Tennis Champion 1989,1991, 1993

GSH Medical Staff Tennis Champion Runner-up 1990 and 1992

Clifton Meadows Club Doubles Champion 1993 & 1994

Father son Doubles Championship 1997

Queen City Racket Club 4.5 Doubles Champion 1994

4.5 Back draw Doubles Champion 1998

Over 50 Double Champion 2000

Over 50 Singles back draw champion 2001

Hyde Park Tennis Club, Mixed Doubles Champion 2011

Cross Country - varsity, high school (undefeated) and college

Swimming - varsity, high school and college

College of Wooster, Freestyle Relay, Pool record 1969

Racquetball -- medical school, twice league

champion in 1978 at Court Yard East

Cincinnati, Ohio.

Bicycling, Backpacking, Canoeing, Photography